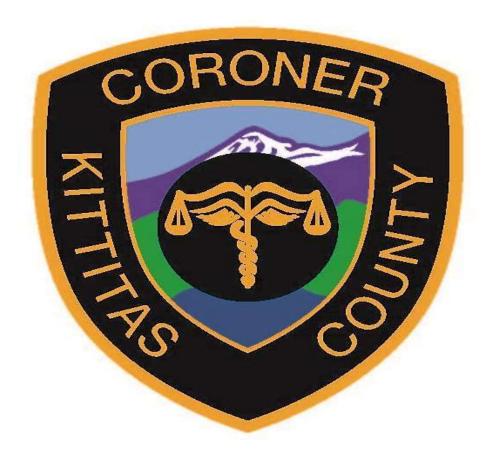
Kittitas County Coroner 2019 Annual Report



Member of the Washington Association of Coroners and Medical Examiners

Member of International Association of Coroners and Medical Examiners

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Message to the Board of Commissioners and Citizens of Kittitas County

The Kittitas County Coroner's Office investigates sudden, violent, unexpected, and suspicious deaths that occur within the boundaries of Kittitas County.

The mission of the Kittitas County Coroner's Office is to serve and protect the interests of the community. This is achieved by determining the cause, manner, and mechanism of sudden or unexplained deaths, and by identifying deceased persons and notifying their next of kin, regardless of where they may live in the world, while ensuring the deceased and their property are treated with the utmost respect and dignity.

We accomplish our mission with medicolegal- trained investigators, forensically trained pathologists, and other scientific methods of inquiry. We serve as an independent finder of fact in our search for the truth. The Coroner's investigation and conclusions strive to provide a balance to the scales of justice and seek resolution to medical mysteries. Complete findings of the death investigation are distributed to families and law enforcement agencies as appropriate.

The main duties of the Coroner's Office are to determine the cause and manner of death and certify deaths that are reported to the Coroner's Office. The cause of death is the disease process or injury that resulted in death. There are thousands of diseases and injuries that may result in death. The manner of death is a classification in which a determination is made regarding whether the death resulted from natural causes, homicide, suicide, or an accident. On occasion, the manner of death is classified as indeterminate.

Information collected during the investigation helps clarify the circumstances, such as the sequence of events prior to death. Evidence collected during an investigation and/or postmortem examination may help lead to the arrest or successful conviction of a suspect in a homicide case. Because deaths occur around the clock, Coroner staff members are available 24 hours a day, 365 days per year.

With the skill and experience of the Coroner, Deputy Coroner investigators and board-certified forensic pathologists, we believe the quality of death investigations in Kittitas County are among the best in the State. The death scene investigation reports filed by the investigators are very thorough and supply comprehensive information.

Our Coroner and investigators also extend their duties to the living by answering questions and addressing concerns regarding deaths within the county. The Kittitas County Coroner frequently makes personal contact with family members of a deceased and assists them by providing appropriate answers regarding the circumstances of the death.

In 2018 our office contributed significant input toward the implementation of a web-based death investigation report system. After aiding Occupational Research and Assessment, Inc. of Big Rapids, Michigan, the Medicolegal Death Investigation Log or, MDI Log was launched in June of 2008. MDI Log is a comprehensive investigative report/database system that enables the Coroner to review death scene investigation information from a secure Internet site any time of the day. MDI Log enables the Coroner and Deputy Coroners to submit death scene investigation reports via the Internet in an efficient manner. MDI Log has evolved to become a valuable tool for our office, and it is now available to Coroner and Medical Examiners offices across the country.

We extend our sincere gratitude to the Kittitas County Board of Commissioners for their support of the Coroner's staff and the services we provide to the citizens of the Kittitas County.

Year in Review

This is a review of what your Coroner's office accomplished and investigated this past year 2019. By the 4th of January we started with the first of 11 motor vehicle deaths in the County. Our office is fortunate to work with very professional law enforcement agencies that control the scene until we get there. Once we arrive law enforcement steps in to help my deputies and myself with whatever needs doing. Later I investigated the crash of a twin-engine private airplane just South of Ellensburg. Sadly, the one person killed was a much loved and respected local surgeon. The partnerships in the County went to work right away the crash was just before dark. The Sheriff's Department had guards posted all night long to secure the scene until daylight then the Sheriff's Department called search and rescue to help locate remains in the snow with their cadaver dogs.

In January February and March, we started to deal with overdoses of our local young people which is a constant battle with drugs in the County. Then March 19th one of the darkest saddest days in the County history occurred with the death of one of our own. For the first time in many years a Kittitas County Deputy was shot and killed while on duty. His assailant was killed, and a Kittitas police officer was wounded the night of the shooting. When I arrived at the ER was best described as chaos. Because of the training and professionalism everyone worked very well together, and a very tragic thing was well handled an investigation was completed. Everyone there from law enforcement to the ER staff and the deputy coroner I called in stood tall.

The next unique report my office investigated was old relics these were old bones. Any bones once determined to be human need to be examined by someone from the Department of Archaeology and History Preservation in Olympia. They try to identify the bones and then if Native American they return them to the original tribe for disposition. If not native they are returned to the County and re-buried in a Cemetery. When we have a drowning in the County I get assistance from the Sheriff's Office. The marine division with boats and divers are always ready and willing to help and very professional.

Sincerely, Coroner Nick Henderson

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Types of Deaths Reportable to the Coroner's Office

Revised Code of Washington Chapter 68.50.10 RCW (Human Remains) remands jurisdiction of all deceased persons who come to their death suddenly when in apparent good health without medical attendance within the thirty-six hours preceding death; or where the circumstances of death indicate death was caused by unnatural or unlawful means; or where death occurs under suspicious circumstances; or where a coroner's autopsy or postmortem or coroner's inquest is to be held; or where death results from unknown or obscure causes, or where death occurs within one year following an accident; or where the death is caused by any violence whatsoever, or where death results from a known or suspected abortion; whether self-induced or otherwise; where death apparently results from drowning, hanging, burns, electrocution, gunshot wounds, stabs or cuts, lightning, starvation, radiation, exposure, alcoholism, narcotics or other addictions, tetanus, strangulations, suffocation or smothering; or where death is due to premature birth or still birth; or where death is due to a violent contagious disease or suspected contagious disease which may be a public health hazard; or where death results from alleged rape, carnal knowledge or sodomy, where death occurs in a jail or prison; where a body is found dead or is not claimed by relatives or friends, is hereby vested in the county coroner, which bodies may be removed and placed in the morque under such rules as are adopted by the coroner with the approval of the county commissioners, having jurisdiction, providing therein how the bodies shall be brought to and cared for at the morque and held for the proper identification where necessary.

Deaths Reportable to the Coroner in which an autopsy would generally be ordered include, but are not limited to:

- Violent death (e.g., strangulation, gunshot, stabbing, poisoning, etc.)
- Accidental deaths (e.g., falls, drowning, motor vehicle collisions, burns, overdose, etc.)
- Death of a prisoner (e.g., deaths in any county or city jail while imprisoned or in custody).
- Suspicious Circumstances (e.g., Unidentified Bodies or events surrounding death)
- Unexpected infant deaths
- Deaths resulting from a violent or neglectful crime

Kittitas County Coroner's Office Cases

Kittitas County Population 2018[1]	47,364
Cases Reported to Coroner's Office	246
A. Number of deaths certified after postmortem examination	36
1. Number of Coroner's Office Cases with Complete Autopsy	31
2. Number of Coroner's Office Cases with External Examination	1
3. Number of Coroner's Office Cases with Limited Examination	4
B. Number of deaths certified without postmortem examination	66
C. Number of deaths not certified by Coroner's Office Office after investigation	180

Definitions

Complete Autopsy: A complete external and internal examination of a decedent

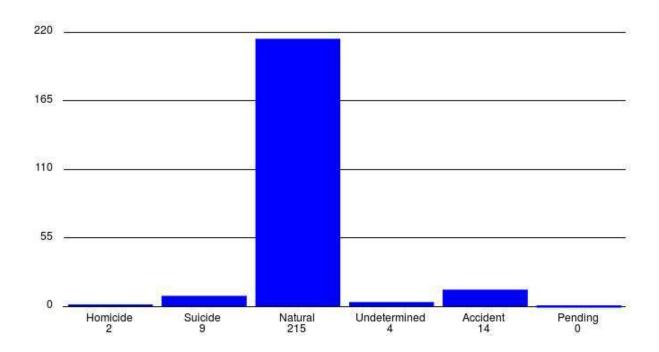
Limited Examination: An examination which is focused on a specific organ or region of the body, i.e.,

heart. The limited examination also includes an external examination.

External Examination: An examination of the exterior of a decedent.

[1] https://www.census.gov/quickfacts/fact/table/kittitascountywashington,WA/PST045219#

2019 Total Manner of Death



Manner of Death is the way to categorize death as required by the Washington State Department of Health. The classifications are natural, accident, suicide, homicide, undetermined, and pending. Only medical examiner's and coroners may use all of the manners of death. Other certifiers must use natural or refer the death to the Coroner. The manner of death is determined by the Coroner.

Natural Deaths (215)

Natural is defined as death caused solely by disease or natural process. If natural death is hastened by injury (such as a fall or drowning in a bathtub), the manner of death is not considered natural.

<u>Sudden Unexplained Infant Death</u> (SUID), formerly known as sudden infant death syndrome (SIDS), is a subset of natural death. It is the sudden death of an infant under one year of age which remains unexplained after a thorough and complete investigation. The investigation includes a complete autopsy, examination of the death scene, and clinical history. If significant risk factors were present, such as an unsafe sleep environment, including co-sleeping or inappropriate bedding, then the cause of death would fall out of the definition of SUID and the manner would be classified as "undetermined."

Accidental Deaths (14)

Accident is defined for death certification purposes as an unnatural death resulting from an inadvertent chance happening. Traffic related fatalities (involving vehicles used for transportation on any public roadway) are classified as accidents. On the job injury related deaths are referred to as industrial deaths and are classified as accidents. Deaths related to illicit drug or excessive

medication use, in the absence of specifically supporting the conclusion of the manner of death being homicide or suicide, are classified as accident.

<u>Traffic Deaths</u> are a subset of accidental deaths, but deaths resulting from traffic accidents are reported separately from other accidental deaths for statistical purposes. A traffic death is defined as an unintentional death of a driver, passenger, or pedestrian involving a motor vehicle on public roadways. Accidents involving motor vehicles on private property (such as driveways) are not included in this category and are classified non-traffic vehicular deaths. Classification of traffic related deaths as an "accident" does not preclude the prosecution as a vehicular homicide by legal authorities.

<u>Complication of Therapy Deaths</u> are accidental deaths that occur during or due to complications that occur during medical, surgical, therapeutic, or diagnostic procedures.

• Suicide (9)

Suicide is defined for death certification purposes as a death from self-inflicted injury with evidence of intent to die. Evidence of intent includes an explicit expression, such as a suicide note or verbal threat, previous attempts, or an act constituting implicit intent. An example would be a self-inflicted contact/close range gunshot wound (particularly of the head, chest, or abdomen) that is recognized as having very high potential for lethality, and is considered to be implicit evidence of intent to die.

• Homicide (2)

Homicide is defined as the action of one person directly causing the death of another. A death that occurs during and is related to the commission of a felony is also considered homicide. A violent death may stem from some kind of deliberate or purposeful action, but intent to cause death need not be present or proven for the classification as homicide.

Homicide and murder are not the same. All murders are homicides, not all homicides are murder. "Murder" is not an acceptable manner of death classification for death certification purposes. "Murder" is a term used under specific conditions in criminal law matters as as a general concept. An example might be that of unintentional firearms-related hunting death. While it may be classified as a homicide, it is up to legal authorities to determine when to prosecute such a case as "murder," "manslaughter," etc.

• Undetermined (4)

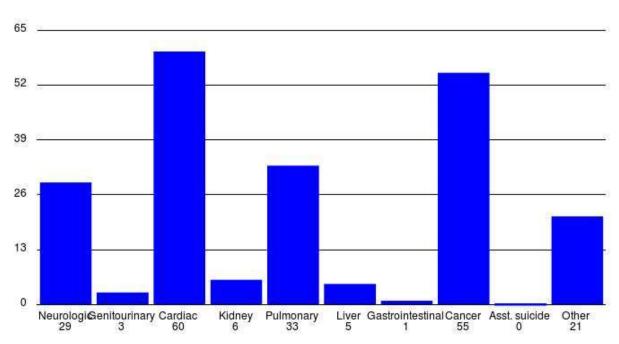
Undetermined is listed as the manner of death classification in only a small number of cases each year. Undetermined is an appropriate designation for cases that have very little available information about the circumstances surrounding the death (e.g., partial skeletal remains) or where known information equally supports, conflicts with, more than one manner of death. An undetermined manner of death is assigned to cases of unnatural death when a clear preponderance of evidence supporting a specific manner (homicide, accident, or suicide) is not available.

Some unexpected infant deaths that are not classified as "natural" (SIDS), such as when an unsafe sleeping environment is present, may be classified as "undetermined" in manner.

• Pending (0)

Pending may be listed temporarily on the death certificate for cause and/or manner when additional investigation, information and/or test results are required for certification. These classifications are generally amended as soon as additional information becomes available.

Deaths by Natural Causes



Natural Deaths

Natural is defined as death caused solely by disease or natural process. If natural death is hastened by injury (such as a fall or drowning in a bathtub), the manner of death is not considered natural.

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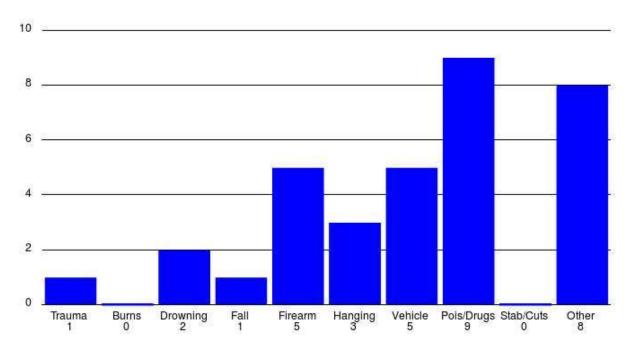
The following explanations are taken from the seventeenth edition of the Merck Manual to help explain how natural causes of death are categorized in this report:

- (29) Neurological death may occur from injury, disease or disorder of the nervous system. Some
 examples are cerebrovascular accidents such as stroke or aneurysm, convulsive disorders such as
 epilepsy, genetic alterations such as muscular dystrophy or Huntington's disease, neurodegenerative
 diseases such as Parkinson's and Alzheimer's, traumatic brain or spinal injury, euplastic conditions
 such as brain tumors or from infectious processes such as meningitis.
- (3) Genitourinary deaths are those occurring from disorders. Genitourinary organs are the bladder,

kidney (renal), vagina, ovaries, penis or testicle. Genitourinary disorders are illnesses or conditions which occur when the urinary and genital organs are not functioning properly. Genitourinary disorders may also occur in the uterus, ureter, bladder, urethra and the two sphincter muscles.

- (61) Cardiac death pertains to the heart. Some cardiac deaths include heart failure, cardiac or respiratory arrest, hypertension, heart disease such as aortic aneurysm and aortic dissection, endocarditis and cardiac tumors.
- **(6) Kidney** deaths include infection, transport disorders such as Bartter's or Liddle's syndrome, trauma, or tumors of the kidney(s).
- (33) Pulmonary death pertains to the lungs. Respiratory failure such as Chronic Obstructive Pulmonary Disorder (COPD) or emphysema.
- **(5) Liver** death is caused by diseases which create an inability for the liver to perform its normal metabolic functions. Liver disease may be caused by an ongoing health condition like diabetes, hepatitis, cirrhosis or fatty liver.
- (2) Gastrointestinal death may occur from an inflammation of the stomach and intestine which originates from different types of bacteria.
- (55) Cancer can develop in any tissue of any organ at any age. Cancer is an uncontrolled or unregulated division and growth of cells in a part of the body. These cells then spread into surrounding tissue crowding out normal cells.
- (21) Other deaths are investigated and after a postmortem examination no obvious cause may be found. Using other as a cause of death is pretty uncommon by may be used when an autopsy does not reveal an apparent cause of death, there is no history of illness or heart disease, no toxins, drugs or injuries.

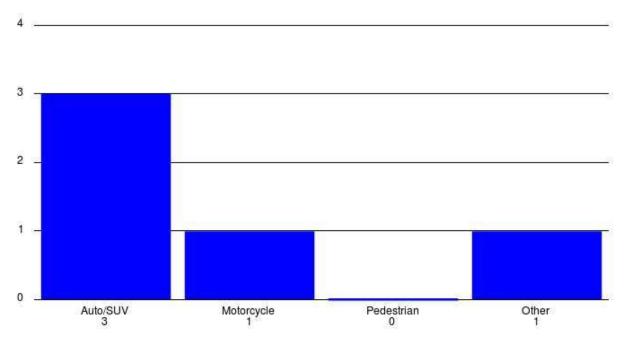
Factors Contributing in Unnatural Causes



Unnatural death is defined as a death resulting from an external cause, such as intentional injury (homicide or suicide) or unintentional injury (in an accident). For manner of death there are three categories: Accident, Homicide and Suicide which are explained below.

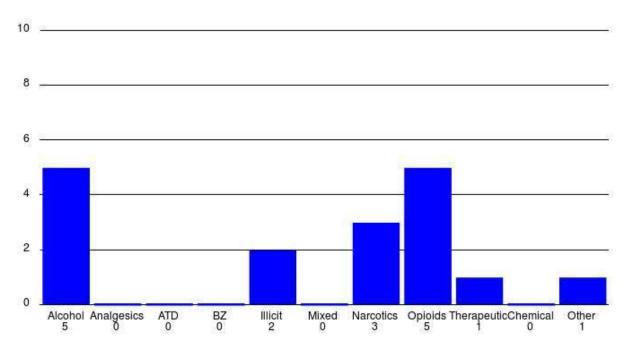
Some of the external factors affecting unnatural death include injury, inhalation, ingestion or submersion. An unnatural death may include multiple factors such as a motor vehicle accident may also include alcohol.

Accidental Deaths - Types of Motor Vehicle Involved



This table illustrates the total types of vehicle involved in motor vehicle fatalities.

Drugs Contributing to Cause of Death



The manner of death may include multiple types of drugs such as alcohol and therapeutic drugs or

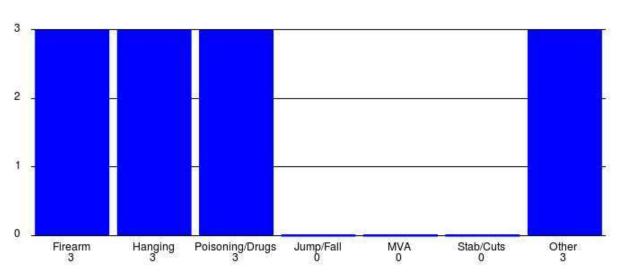
medications.

A national study conducted by the University of Maryland reviewed 12 sentinel communities, the closest to Kittitas County was King county (Seattle area). There are drug patterns and trend studies available for 2019, 2018, 2017, 2016 and 2015 at https://ndews.umd.edu/publications/king-county-seattle-area-sentinel-community-site-scs.

This information may be useful to help predict future drug patterns for our area.

Suicide Death Factors





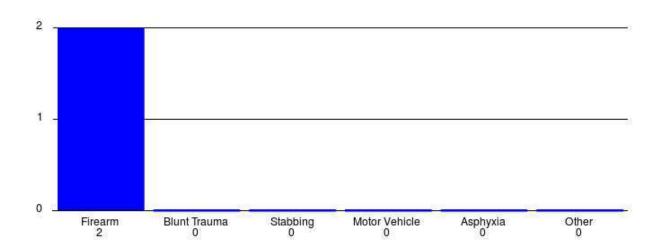
This chart does not indicate the total number of suicides. Instead, it illustrates factors which may have contributed to the suicides investigated. For example, the death was due to a firearm, however, drugs may also have been involved.

According to the Pacific Northwest Suicide Prevention Resource Center Washington State has a suicide rate 15.78/100,000. Some suicide statistics for Washington include:

- 18% of Washington 10th graders report they considered attempting suicide in the past year, 12% report having a plan for a suicide attempt, and 7% report attempting suicide.
- An average of 2.6 young people between the ages of 10 and 24 kill themselves each week in Washington State. An average of 17 adolescents are admitted to the hospital with non-fatal suicidal behavior.

Homicide Deaths

3



Deaths by Age Group

